



zaycon
FRESH



Center Cut Pork Loin Chops

Zaycon has selected these boneless center cut pork chops for the ultimate in flavor and versatility. These 1-inch thick on average chops are less likely to overcook. Results will be juicy, flavorful and tender. Oven baking allows you to throw it in and walk away.

These center cut pork loin chops are ideal for all sorts of recipes that are easy and delicious. Marinades, sauces or even canned soup in a casserole or crockpot makes for a convenient comfort food dinner. Each chop is individually vacuum sealed and delivered frozen in a 24lb case with approximately 64 chops per case.

Cooking Instructions:

The National Pork Board recommends cooking pork chops to an internal temperature between 145° F (medium rare) and 160° F (medium), followed by a 3 minute rest. Since large cuts increase approximately 10° F while resting, remove them from the heat at 150° F followed by a 10 minute rest.

Nutrition Facts

Serving size 1 Chop (170g)

Amount Per Serving

Calories 240

% Daily Values*

Total Fat 13g 20%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 100mg 33%

Sodium 410mg 17%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 29g 58%

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1.08mg 6%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Basted with a mixture of water, salt, plum juice, sodium phosphate, hydrolyzed corn protein, dried beef stock, spice extractives and extractive of onion and soybean oil.